INTRODUCTION

Welsh Rarebit with Sour Dough Toasted Fingers (v) (gfa)

Homemade Glamorgan Sausages (v)

Spiced Plumb Ch £4.95

Garlic Bread (v) (gfa)

Garlic Bread with Melted Cheddar Cheese (v) (gfa)

Brie, Garlic & Honey Ciabatta (v) £6.95

Bread & Oils (v) (vg) (gfa)
Sourdough & potato Bread with Extra Virgin Olive Oil & Fig & Date Balsamic Vinegar
£4.95

Mixed Marinated Olives (v) (vg) (gf)

STARTERS

French Onion Soup (v) (vga) (gfa) Warmed Potato Roll £4.95

Duck & Orange Pate (gfa)
Toasted Crostini & Spiced Plum Chutney

Salmon & Cod Panko Breaded Fishcake Poached Egg, Hollandaise & Fried Chorizo **£9.95**

Prawns Cocktail (gfa)

Prawns, Baby Gem & Mary Rose Sauce with Crushed Avocado & Fresh Chillies on Sourdough Toast £8.95

> Panko Breaded Calamari £7.95

Twisted Filo Pastry Prawns Sweet Chilli Dressing £7.95

Mushroom & Truffle Arancini (v) (vga) Tomato & Chilli Sauce & Topped with Parmesan £7.95

Waldorf Salad (v) (vga) (gf) (n) Baby Gem, Apple, Grapes, Raisin, Celery,
Lemon Mayonnaise & Toasted Walnuts
£7.95

Beef Meatballs (gf)
Tomato & Chilli Sauce Topped with Parmesan £7.95

Boneless Chicken Wings with Blue Cheese & Crème Fraiche (gf) Buffalo Sauce & Celery Sticks £8.95

MAIN COURSE

Chefs Homemade Pie of the Day

Triple Cooked Chips / Cheddar Mash Potato / Skin on Fries with Buttered Greens & Leeks £16.95

Pan Roasted Chicken Supreme with Chasseur Sauce (gf)

White Wine, Onion, Garlic, Mushroom, White Wine, Tomato Puree with Mature Cheddar Mash Potato with Honey Glazed Carrot & Parsnip £19.95

Beef Bourguignon (gf)

Diced Welsh Beef, Red Wine, Bacon, Carrots, Tomato Puree, Shallots & Mushrooms with Mature Cheddar Mash Potato & Sea Salted Tender Stem Broccoli with Potato Roll £22.95

Faggots Wrapped in Smoked Bacon

with Peppered Mash, Onion Gravy & Sea Salted Tender Stem Broccoli £16.95

Lamb & Mint Sausages with Balsamic & Mint Jus

Mature Welsh Cheddar Mash & Buttered Greens & Leeks £16.95

Oven Baked Monk Fish with Thai Green Curry Sauce (gf)

Coconut Rice & Mixed Greens £23.95

Bistro Fish & Chips (gfa)

Fillet of Fresh Cod with Triple Cooked Chips & Minted Mushy Peas £16.95

Slow Cooked Belly Pork with Cider & Roasted Apple Gravy (gf)

Crushed Garlic & Herb Potatoes with Honey Glazed Carrot & Parsnip £19.95

Stuffed Peppers with Coconut Rice & Vegetables (v) (vga) (gf)

Tomato & fresh Chilli Sauce, Melted Cheddar with Sautéed Potatoes £17.95

WELSH STEAKS 32 DAY AGED

8oz Centre - Cut Welsh Fillet Steak (gf)
Triple Cooked Chips / Mature Cheddar Mash / Skin on Fries
with Mushrooms & Tomato

10oz Welsh Sirloin Steak (gf)
Triple Cooked Chips / Mature Cheddar Mash / Skin on Fries
with Mushrooms & Tomato
£27.95

Steak Sauce (v) (gf)
Peppercorn & Brandy Sauce / Bearnaise /
Mushroom & White Wine / Jack Daniels with BBQ Sauce
£3.95

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Breakfast & Brunch Served 9am til 3pm Tuesday to Saturday & 9am til 11.45am Sunday

PASTA & RISOTTO

Meatballs with Tomato & Chilli Sauce Fresh Spaghetti £16.95

Pancetta & Mushroom with a Cream & White Wine Sauce

Wild Mushroom & Leeks in a Cream Sauce (v) Fresh Spaghet **£16.95**

Wild Mushroom & Truffle Risotto (v) (vg) (gfa) Finished with Parmesan

BISTRO BURGERS

All Served with Rosemary Salted Skin on Fries with Homemade Coleslaw

Welsh Rarebit & Pancetta Beef Burger

Mayonnaise, Toasted Brioche Bun, Onions, Baby Gem & Tomato £14.95

Jack Daniels & BBQ Sauce Beef Burger with Brie

Mayonnaise, Toasted Brioche Bun, Onions, Baby Gem & Tomato £16.95

Grilled Chicken Burger with Buffalo Sauce & Welsh Chilli Cheese

Mayonnaise, Toasted Brioche Bun, Onions, Baby Gem & Tomato £14.95

Halloumi & Crushed Avocado & Fresh Chilli (v)

Mayonnaise, Toasted Brioche Bun, Onions, Baby Gem & Tomato £14.95

Moving Mountain Vegan Burger (vg)

Vegan Mayonnaise, Toasted Bun, Melted Vegan Cheese, Onion, Baby Gem & Tomato £14.95

SIDE ORDERS

Cauliflower & Broccoli Cheese (v) (qf) £4.95

Beer Battered Onion Rings (gfa) £4.95

> Garlic Bread (v) (gfa) £2.95

Garlic Bread with Melted Cheddar Cheese (v) (gfa) £3.95

> Mixed Leaf Salad (v) (vq) (qf) £3.95

Maldon Salted Triple Cooked Chips (v) (vg) (gf) £3.95

Skin on Fries with Rosemary Salt (v) (vg) (gf) £3.95

Skin On Fries with Truffle & Parmesan (v) (gf) £4.95

Mature Welsh Cheddar Mash (v) (gf) £4.95



BROK BISTRO

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GOES OLD SCHOOL with a twist