

THE INTROS

Alex Gooch Focaccia Bread (v) (vg) **£4.95**
Extra Virgin Olive Oil & Fig & Date Balsamic Vinegar

Sweet Peppers with Goats Cheese (v) (gf) **£4.95**

Mixed Marinated Olives (v) (gf) **£4.95**

Chorizo al Vino **£5.95**

Chorizo & Mozzarella Croquettes **£5.95**

ALEX GOOCH CIABATTA GARLIC BREADS

Ciabatta with Garlic Butter & Honey (v) **£4.95**

Ciabatta with Garlic Butter, Honey & Mozzarella (v) **£5.95**

Ciabatta with Garlic Butter Honey & Brie (v) **£6.95**

THE STARTERS

The Brook Charcuterie **£11.95**

Prosciutto, Chorizo, Spianata Romana, Milano Salami,
Marinated Olives, Spicy Red Peppers with Soft Cheese, Focaccia Bread
with Spanish Extra Virgin Olive Oil & Fig & Date Balsamic Vinegar

Fresh Mussels (gfa) **£8.95**

White Wine & Cream Sauce or Tomato & Chilli Sauce
served with Toasted Bread

Watermelon Salad with Crumbled Feta (v) (vga) **£7.95**

Baby Gem, Tomato, Cucumber, Spring Onion,
Extra Virgin Olive Oil & Fig & Date Balsamic Vinegar

Buffalo Mozzarella with Red Onion & Heritage Tomatoes (v) (n) **£7.95**

Homemade Pesto & Fig & Date Balsamic Vinegar

Cajun Chicken Kebabs (gf) **£7.95**

Paprika & Lemon Mayonnaise

Lamb Kofta Kebabs with Tzatziki **£7.95**

Panko Breaded Calamari **£7.95**

Paprika & Lemon Mayonnaise

Zucchini & Basil Soup (vg) (gfa) **£5.95**

Finished with Fresh Lemon and served with Focaccia Bread

Tempura Battered Oyster Mushrooms (v) (vg) **£7.95**

Paprika & Lemon Mayonnaise

ALEX GOOCH FOCACCIA BRUSCHETTA

Toasted Focaccia Bread, Garlic & Olive Oil (v) (vg) (n) **£6.95**

Chopped Tomatoes & Red Onion, Pesto with Crushed Avocado & Fresh Chilli

Toasted Focaccia Bread, Melted Brie & Grapes (v) **£7.95**

Chopped Tomatoes & Red Onion

Toasted Focaccia Bread with Buffalo Mozzarella (v) (n) **£7.95**

Chopped Tomatoes & Red Onion, Pesto with & Fig Date Balsamic Vinegar

THE PAELLAS

Traditional Spanish Dish with a Rich Tomato Sauce & Calasparra Rice

The Chicken **£19.95**

Chicken & Chorizo

Mixed Vegetables (gf) (v) (vg) **£18.95**

Mushroom, Peppers, Courgette & Aubergine

The Seafood (gf) **£21.95**

Fresh Cod, Calamari, Prawns & Mussels

THE FRESH SPAGHETTI

Chicken & Chorizo **£17.95**

Tomato & Cream Sauce

Wild Mushroom (v) **£16.95**

Blue Cheese, White Wine & Cream Sauce

Fresh Cod, Calamari, Prawns & Mussels **£20.95**

Tomato & Cream Sauce

Grilled Prawns with Fresh Chillies **£17.95**

Tomato & Cream Sauce

THE SALADS

All served with Tomato, Baby Gem, Cucumber, Peppers & Spring Onion

Grilled Fillet of Seabass (gf) **£13.95**

Citrus Vinaigrette

Pan Fried Halloumi with Honey & Chilli (v) (gf) **£14.95**

Mozzarella, Brie & Avocado with Sweet Chilli Dressing

Lamb Kofta **£15.95**

Tzatziki Dressing

Cajun Chicken Kebab (gf) **£16.95**

Garlic & Herb Mayonnaise Dessing

Lemon, Garlic & Oregano Marinated Fillet of Fresh Salmon **£16.95**

Crumbled Feta & Grapefruit

Goats Cheese & Beetroot (v) (gf) **£13.95**

Garlic & Herb Mayonnaise

THE MAIN COURSE

Grilled Fresh Tuna Steak (gf) **£22.95**

Shallot, Garlic, Capers & Brown Butter, Garlic New Potatoes,
Roasted Mediterranean Vegetables in Tomato Sauce

Chicken with Mozzarella & Sundried Tomatoes (gf) **£17.95**

Wrapped in Parma Ham with a Tomato & Chilli Cream Sauce,
Sautéed Potatoes & Tender Stem Broccoli & Mangetout

Lamb Lollipops (gf) **£22.95**

Marinated in Garlic, Chilli & Fresh Mint Garlic New Potatoes,
Roasted Mediterranean Vegetables in Tomato Sauce

Moroccan Spiced Pork on the Bone (gf) **£17.95**

Cajun Seasoned Fries, Corn on the Cob & Homemade Coleslaw

Fresh Mussels (gf) **£15.95**

White Wine & Cream Sauce or Tomato & Chilli Sauce
served with Rosemary Salted Skin on Fries

THE WELSH STEAKS

All served with Triple Cooked Maris Piper Chips
& Rocket, Tomato & Parmesan Salad with Balsamic

10oz Welsh Prime 36 Day Aged Sirloin Steak (gf) **£25.95**

8oz Welsh Prime 36 Day Aged Fillet Steak (gf) **£32.95**

THE STEAK SAUCES

Garlic Butter Sauce (v) (gf) **£2.95**

Peppercorn & Brandy (v) (gf) **£3.95**

Béarnaise (v) (gf) **£3.95**

Tomato Sauce with Fresh Chilli (v) (gf) **£3.95**

Mushroom & Blue Cheese Sauce (v) (gf) **£3.95**

THE BISTRO BURGERS

Rosemary Salted Skin on Fries & Homemade Coleslaw

Homemade Beef Burger **£16.95**

Mozzarella & Pesto, Tomato, Onion & Baby Gem
in a Toasted Challah Bun

Homemade Beef Burger with Smoked Bacon **£14.95**

Welsh Rarebit Cheese, Tomato, Onion & Baby Gem
in a Toasted Challah Bun

Chicken Breast, Mozzarella & Smoked Bacon (n) **£14.95**

Homemade Pesto, Tomato, Onion & Baby Gem
in a Toasted Challah Bun

Halloumi with Honey & Sweet Chilli (v) **£14.95**

Crushed Avocado & Fresh Chilli, Tomato, Onion & Baby Gem
in a Toasted Challah Bun

Mountain Burger (v) (vg) **£13.95**

Vegan Cheese, Crushed Avocado & Fresh Chilli,
Tomato, Onion & Baby Gem in a Toasted Bun

THE SIDE ORDERS

Rosemary Salted Skin on Fries (v) (gf) **£2.95**

Triple Cooked Chips (v) (gf) **£3.95**

Parmesan & Truffle Skin on Fries (gf) **£4.95**

Heritage Tomato & Red Onion Salad (v) (vg) (gf) **£4.95**

Rocket, Tomato & Parmesan Salad (gf) **£3.95**

Roasted Mediterranean Vegetables in a Tomato Sauce (v) (vg) (gf) **£4.95**

Ciabatta with Garlic Butter & Honey (v) **£4.95**

Ciabatta with Garlic Butter, Honey & Mozzarella (v) **£5.95**

Ciabatta with Garlic Butter, Honey & Brie (v) **£6.95**

Garlic New Potatoes **£3.95**

Garlic & Honey Mushrooms **£3.95**

Beer Battered Onion Rings **£3.95**

Beer Battered Cauliflower **£4.95**

If you have any food intolerances or allergies, please bring this to the attention of your server.
(gf) gluten free (gfa) gluten free available (v) vegetarian
(vg) vegan (vga) vegan available (n) contains nuts

10% Optional service on tables of 4 or more